



## Verulam School: Key Stage 4 CURRICULUM INFORMATION

**Department: PE**

**Subject Leader: Mr Errington**

**Subject Vision:** The purpose of PE at Verulam is to encourage pupils to make physical activities a central part of their life, both in and out of school. We want them to enjoy and succeed in many kinds of physical activities so that they lead happy and healthy lives. This feeds into the whole school vision and intent - we want pupils to leave strong mentally and emotionally. In order for this to happen, we have planned a broad range of activities and experiences so that all pupils feel valued and loved, no matter their physical strength or sporting history. This broad and balanced curriculum gives all pupils opportunities to enjoy taking part in PE. Within lessons pupils will be able to develop skills to enable them to cope with everyday life experiences during and beyond their school journey. Resilience, being adaptable, resourceful, innovative and working as part of a team are transferable skills at the forefront of PE lessons. Embedded in all lessons is our "call it out initiative" aiming to tackle discriminative language and encourage pupils to take an active stance against discriminate language. Outside of lessons these can be improved further through extra-curricular clubs, fixtures and through our partnerships with local sporting teams we aim to offer an increased range of extra-curricular clubs with clear pathways for pupils to continue their sporting interests further.

|                  | YEAR 10  |  |  |   |   |   |
|------------------|--|--|--|---|---|---|
| Term             | Autumn 1   | Autumn 2   | Spring 1   | Spring 2  | Summer 1  | Summer 2  |
| Topic/Unit Title | Preparing Participants to Take Part in Sport and Physical Activity | Preparing Participants to Take Part in Sport and Physical Activity | Preparing Participants to Take Part in Sport and Physical Activity | Taking Part and Improving Other Participants Sporting Performance | Taking Part and Improving Other Participants Sporting Performance | Taking Part and Improving Other Participants Sporting Performance |
| Assessment       |  |  | Internal written coursework  |   |   |   |

|                  | <b>YEAR 11</b>  |   |   |   |                 |                 |
|------------------|---|---|---|---|-----------------|-----------------|
| <b>Term</b>      | <b>Autumn 1</b>   | <b>Autumn 2</b>   | <b>Spring 1</b>   | <b>Spring 2</b>   | <b>Summer 1</b> | <b>Summer 2</b> |
| Topic/Unit Title | Taking Part and Improving Other Participants Sporting Performance | Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity | Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity | Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity |                 |                 |
| Assessment       | Internal written coursework                                       | Past papers and resit test areas of weakness  | Past papers and resit test areas of weakness  | Past papers and resit test areas of weakness  | EXAM            |                 |