

## **COURSE TITLE**

**BTEC Sport Level 3  
National Extended Certificate**

**Exam Board: Pearson**

## **AIMS OF THE COURSE**

The aims of the course are to:

Candidates are expected to develop a wide range of skills related to the sport, physical activity and leisure industries. They will develop practical skills, knowledge of human anatomy, training for health and fitness and roles within the sport industry.

## **WHAT WILL YOU STUDY?**

Three mandatory units in:

1. Anatomy and Physiology
2. Fitness training and programming for health, sport and well-being
3. Professional development in the sports industry

One optional unit from:

1. Sport Psychology
2. Sports Leadership
3. Application of fitness testing
4. Practical sport performance

## **HOW WILL YOU BE ASSESSED?**

Anatomy and Physiology and Fitness training and programming for health, sport and well-being are both assessed via an externally set and marked exam. All other units are assessed via internally set and assessed coursework.

## **WHAT WIDER SKILLS WILL YOU DEVELOP?**

Presentation and extended writing skills

Practical sports investigation skills

Coaching and leadership skills

Critical thinking and reviewing evidence skills

## **WHAT ARE THE FUTURE OPTIONS FROM THE COURSE?**

Further study at university such as degrees in Sport Science, Sports Coaching or Physical Education. Apprenticeships in the sport, fitness and leisure industry. Careers in sports coaching, fitness and personal training, physiotherapy, armed and public services.

## **KEY CONTACT**

The Course Leader is:

**Mr Liam Errington**  
(Director of Sport)

Who can be contacted via email at [erringtonl@verulam.aat.school](mailto:erringtonl@verulam.aat.school)

## **WANT MORE INFORMATION?**

For further information about the Verulam Sixth Form or BeauSandVer Consortium please contact:

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