Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.20	LAMB BURGER WITH MINT YOGURT & RED CABBAGE SLAW	BEEF BOLOGNAISE WITH SPAGHETTI & GARLIC SLICE (H محلا)	MEXICAN CHICKEN BURRITOS WITH RICE & SALSA (H حال	TANDOORI CHICKEN BIRYANI WITH GARLIC NAAN (H حلال)	BATTERED FISH WITH CHIPS MINTED PEAS & TARTARE SAUCE (H حلال)
PLANT BASED / VEGETARIAN £2.20	CHUTNEY & SLAW (VG)	VEGAN BOLOGNAISE WITH SPAGHETTI & GARLIC SLICE (VG) LL SERVED WITH SEASON	MEXICAN BEAN & CHEESE QUASADILLA (V) AL VEGETABLES & POTAT	CHICKPEA AND VEGETABLE BIRYANI WITH GARLIC NAAN (VG) TO OR RICE DISH OF THE D	VEGETARIAN TOAD IN THE HOLE WITH MASH, PEAS & GRAVY (V)
STREET FOOD FROM £2.20	PULLED PORK TACOS WITH TOMATO SALSA & CORRIANDER	ITALIAN MEATBALL SUBS (H حلال	CHIPOTLE CHICKEN NACHOS & SALSA (H حلال)	SWEET CHILLI QUORN NOODLES & SPRING ROLL (VG)	CHICKEN TIKKA NAAN BREAD WITH MANGO CHUTNEY (H حلال)
TAKEAWAY	ROMAN MEATBALL ARABIATA PASTA (طلال ۲۹)	SF CHICKEN STRIPS & SLAW (H حلام)	LOADED WEDGES WITH PAPRIKA & CHEESE (V)	VEGETABLE SAMOSA & MANGO CHUTNEY (VG)	3 CHEESE MAC 'N' CHEESE (V)
TUBS FROM £1.95	PASTA OF THE DAY	PASTA OF THE DAY	PASTA OF THE DAY	PASTA OF THE DAY	PASTA OF THE DAY
PIZZA SLICE FROM £1.65	MARGHERITA (V) / PEPPERONI & MUSHROOM (H ムム)	CHEESY GARLIC PIZZA BREAD (V) / ROMAN MEATBALL (H محلا)	MARGHERITA (V) / MEXICAN CHICKEN & SWEETCORN (H حلا	CHEESY GARLIC PIZZA BREAD (V) / PEPPERONI (H حلال)	MARGHERITA (V) / SWEET CHILLI CHICKEN & RED ONION (H حلا
JACKETS £2.20	FRESHLY BAKED JACKET POTATOES WITH A CHOICE OF HOT OR COLD FILLING				
DESSERTS £1.10	CHOCOLATE SPONGE WITH CUSTARD (V)	FOREST FRUITS CHEESECAKE (V)	WARM CARAMEL & CHOCOLATE BROWNIE (V)	RHUBARB CRUMBLE AND CUSTARD (V)	COCONUT JAM SPONGE AND CUSTARD (V)



ALLERGEN KEY

H בעט - HALAL MEAT (VG) - VEGAN FRIENDLY (V) - VEGETARIAN