

# Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	PIRI PIRI CHICKEN THIGH SERVED WITH SAVOURY RICE	BEEF LASAGNE WITH GARLICE BREAD & GREEN SALAD	BEEF BURITTO, MIXED LEAF SALAD	CHICKEN & HAM PIE, SEASONAL VEG & HERBY NEW POTATOES	BATTERED FISH, PEAS & TARTAR SAUCE
<b>PLANT BASED / VEGETARIAN</b>	FALAFEL FLATBREAD SERVED WITH MINT YOGHURT	VEGETABLE QUESADILLAS	MAN 'N' CHEESE	CAULIFLOWER & POTATO CURRY	ROAST BELL PEPPER FRITATTA
<b>ALL SERVED WITH SEASONAL VEGETABLES &amp; POTATO OR RICE DISH OF THE DAY</b>					
<b>STREET FOOD FROM</b>	LAMB BURGER WITH FLOURED BAP	CHICKEN TIKKA WRAP WITH SHREDDED ICEBERG	HAM & CHEESE PANINI	KATSU CHICKEN BURGER WITH RED CABBAGE SLAW	TUNA & SWEETCORN PASTA BAKE
<b>TAKEAWAY TUBS FROM</b>	MEATBALLS ITALIANO	SPICY CHICKEN WINGS	LOADED NACHOS	CHILLI BEEF CON CARNE	BBQ CHICKEN WINGS
	PENNE ARRABIATA	ONION BHAJI & RICE	SPAGHETTI POMODORO	MAC 'N' CHEESE	CHILLI BEEF NACHOS
<b>PIZZA SLICE FROM</b>	MARGHERITA PEPPERONI	MOZARELLA & BASIL BBQ CHICKEN	MARGHERITA PEPPERONI	TOMATO & MOZZARELLA MEAT FEAST	MARGHERITA PEPPERONI
<b>JACKETS</b>	<b>TRY OUR DELICIOUS FILLINGS FOR 50p EACH</b>				
<b>DESSERTS</b>	JAM & COCONUT SPONGE WITH ICE CREAM	STICKY TOFFEE APPLE	STRAWBERRY CHEESECAKE	LEMON DRIZZLE CAKE WITH CREAM	CHOCOLATE BROWNIE WITH CHOCOLATE SAUCE

## Meal Deal

Main Meal  
With Vegetables  
And Dessert



+



+



£

All Of Our Main Meals,  
Sandwiches & Desserts Are  
Freshly Made On Site Every Day