

COURSE TITLE

**BTEC Sport Level 3
National Extended Certificate**

AIMS OF THE COURSE

The aims of the course are to:

Candidates are expected to develop a wide range of skills related to the sport, physical activity and leisure industries. They will develop practical skills, knowledge of human anatomy, training for health and fitness and roles within the sport industry.

WHAT WILL YOU STUDY?

Three mandatory units in:

1. Anatomy and Physiology
2. Fitness training and programming for health, sport and well-being
3. Professional development in the sports industry

One optional unit from:

1. Sport Psychology
2. Sports Leadership
3. Application of fitness testing
4. Practical sport performance

HOW WILL YOU BE ASSESSED?

Anatomy and Physiology and Professional Development in the sports industry are both assessed via an externally set and marked exam.

Fitness training and programming for health, sport and well-being is an externally set and assessed coursework task.

All other units are assessed via internally set and assessed coursework.

WHAT WIDER SKILLS WILL YOU DEVELOP?

Presentation and extended writing skills

Practical sports investigation skills

Coaching and leadership skills

Critical thinking and reviewing evidence skills

WHAT ARE THE FUTURE OPTIONS FROM THE COURSE?

Further study at university such as degrees in Sport Science, Sports Coaching or Physical Education. Apprenticeships in the sport, fitness and leisure industry. Careers in sports coaching, fitness and personal training, physiotherapy, armed and public services.

KEY CONTACT

The Course Leader is:

Mr Ryan Lewis
(Head of Vocational Study)

Who can be contacted via email at Ryan.Lewis@Verulam.herts.sch.uk

WANT MORE INFORMATION?

For further information about the Verulam Sixth Form or BeauSandVer Consortium please contact:

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