



Course Title	BTEC Sport Level 3 National Extended Certificate
Aims of the Course	
Candidates are expected to develop a wide range of skills related to the sport, physical activity and leisure industries. They will develop practical skills, knowledge of human anatomy, training for health and fitness and roles within the sport industry.	
What will you study?	
Three mandatory units in: <ol style="list-style-type: none">1. Anatomy and Physiology2. Fitness training and programming for health, sport and well-being3. Professional development in the sports industry	
One optional unit from: <ol style="list-style-type: none">1. Sport Psychology2. Sports Leadership3. Application of fitness testing4. Practical sport performance	
How will you be assessed?	
Anatomy and Physiology and Professional Development in the sports industry are both assessed via an external set and marked exam. Fitness training and programming for health, sport and well-being is an externally set and assessed coursework task. All other units are assessed via internally set and assessed coursework.	
What wider skills will you develop?	
Presentation and extended writing skills Practical sports investigation skills Coaching and leadership skills Critical thinking and reviewing evidence skills	
What are the future options from the course?	
Further study at university such as degrees in Sport Science, Sports Coaching or Physical Education. Apprenticeships in the sport, fitness and leisure industry. Careers in sports coaching, fitness and personal training, physiotherapy, armed and public services.	
Who can you contact for more information?	
The Course Leader is Mr Ryan Lewis (Head of Vocational Study) who can be contacted via email at Ryan.Lewis@Verulam.herts.sch.uk	